

The Four Postures Mindfulness Practice on Body

Instructor: Venerable Master Ji Ru

Date: 2/25/2012 (Saturday)

Time: 10:00am – 3:00pm

Venus: Pure Mind Center

7825 Olive Blvd.,

University City, MO



Mid America Buddhist Association-Augusta

All levels of experience are all welcome.

Limited Seats. Registration required. Open to public, free of charge; donation to MABA are welcome.

Registration by email: info@puremindcenter.org or call (636) 825-3889

(Please write: your name, contact number and Buddhism Study/ meditation experience on your email.)

More Programs Information : www.maba-usa.org or www.puremindcenter.org